

# Your Open Heart Is the Key to Your Healing

# Blessed Children,

I, Mary, your Mother, known to your Heart and to the Hearts of all those who yearn for the Love and Light of God, welcome you into my Heart.

I stretch forth my hand to you for your healing. For some, it is not the healing that you expect. I come to bring to each of you throughout the world the healing of the Heart. For, without the open Heart, no temporal healing will bring you the surcease that you desire.

# Your Heart Determines the Quality of Your Life

Beloved, the pain that comes with any state of unrest or dis-ease is only because the Heart is yet in need of the fulfillment of its perfect work. Your Heart desires to give, to love, to nourish life. This is why the Flames upon the Altar of your Heart correspond to the very physical heart of your own body. As you know, without that heart beating and surging forth refreshed oxygenated blood, life in the body quickly comes to an end. The same is true for the Light of God.

The quality of your spiritual Life is determined by the Heart. All that comes to you is governed by the Heart. All that you partake of is governed by the Heart. All unrest is caused when a part of the Heart does not respond or is not allowed to send forth the vibration as the emanation of the Purity of the Light of your own God Presence.

Throughout eternity, in every level of consciousness and on every plane of existence, it is the Heart Flame that sends forth the Light of God as it comes forth from the Great Central Sun. It emanates from the Heart of all those holding a balance for the Earth and it is received in your Heart.

### Awaken to the Healing Currents

For far too long, many of you have called to my name, have knelt in prayer and petitioned my Heart. But when I come, do you hear, are you aware of my Presence? I have sent my angels to sit by your bedside in the middle of the night. I myself have stood at the foot of your bed and held out my hand. But in the morning, many of you have continued on your way, not even noticing the elevated vibration as a result of my Presence.

And why is this? It is because the Heart was not prepared. The Heart was not opened — and I have understood this for nigh two-thousand years. And yet, because there is such desire in your Heart for the Love and Understanding of God, I continue to come and to stand at the foot of your bedside. And yes, I will continue to send forth the healing currents of Light. But awaken, Beloved, to the understanding that true and lasting healing can come forth only as you integrate with the Flame.

Even when history has recorded dramatic miracles attributed to my Heart, they were only made possible by the servants of my Flame, by those who have knelt long in earnest prayer and petition to Me. These miracles could not have come forth were it not for open Hearts of the few, ready to receive that Light.

## Purify Your Lower Bodies

All of heaven bows before the desire for wholeness where it can actually be received. But there is a certain level of preparation that must first be exhibited in your own world. For some, it is a matter of diet. You cannot continue to eat what is not healthy for your particular constitution and expect the Light to be assimilated when you receive it, for a body in such distress repels the very grace it needs and that you desire. Nor can you continue to focus your attention upon all manner of the desecration of God and expect your Heart to feel the compassionate Love of your own God Presence or to radiate that Love out into life, remaining supple and receptive to the Blessings of God. You cannot continue to sit in judgment of another, engaging in all manner of maligning their Flame and expect to receive compassion in return. *The Karmic Law of cause and effect bars the way!* 

I desire your wholeness. I desire you to wear the mantle of your Holy Christ Self. I hold that vision for every Son and Daughter of God upon the Earth, not unlike I held the vision for my own Beloved Jesus. The Christed Image of you is as strong, as clear and intact from your head to your toe in every dimension for each one. I have said most recently that it is time for lightbearers to focus their gaze upon their own God Presence, to hear my voice in this hour, and to know who I AM — not to look to old prophecies that have come and gone, falling upon deaf ears and closed, unresponsive hearts. Healing can and will come forth in all your lives when your Heart is nourished by the Light of your God Presence, is filled with that Light to overflowing, and is radiating that Light into the Earth. When I come, there are those who, simply by being in the Presence of my Vibration, receive permanent healing, for they possess open Hearts, sensitive to the touch of my hand upon their shoulders. Their Hearts have been responsive, leaping with Joy, and understanding the healing touch of the hand of the Mother. Know that such healing is available for all. And where the Grace of God is thus extended to your life, the response of your Heart will seal the Covenant between you and the Lords of Karma for the fulfillment of your Victory.

#### Faith in Your God Presence

Ultimately, the determination of your healing is resolved within your Heart. Lord Michael, The Defender of the Faith, also stands in your presence. He has vowed to hold the protective envelope surrounding you and your Heart, to help you maintain Faith in your own God Presence. I, Mary, send forth the Ray of my Heart to bring forth the healing of all that does not allow you, in full Faith, to open your Heart and to trust your own God Presence. Where you retain timidity and fear that genuine healing might open up a new avenue in your life and change the world around you, necessitating uncomfortable new ways of thinking, acting and addressing life, I say: Hold fast to the understanding that God, the One, only wants the Abundant Life for all. This richness of Life comes forth when wholeness allows the flow of God's Love to seal your world with Light and nourish you with the Pure Prana of Life.

The Entire Spirit of the Great White Brotherhood desires this wholeness for all. Everything in your life takes on the sense of peace and well-being when you understand my message at the core of your Heart, and this knowing radiates throughout your consciousness, your thoughts, and your feeling world. You then *know* that God is ever present in the land. He has never left the land any more than He has ever left you. You would not be here in embodiment were it not for the Love of God. That Love emanates through your own individualized God Presence. For in the beginning, when you stepped forth from the Great Ovoid of Light, determining the individualization of your being, you did not separate from the Allness of God. You were, and still are today, a continuation of God as your own I AM Presence. As you stand within this world of form you are an extension of your I AM Presence connecting through the Flames on the Altar of your Heart so that your countenance is a glorious reflection of the face of God. This constitutes the Allness of Being. This is why there can be no real separation in the family of God. There are only dimensions of individualization that reflect back to the very beginning. All else that is reported to the outer senses is maya and illusory.

3

Where you are in consciousness today reflects only a small part of the Allness of God. Throughout the course of your journey as the Individualized God Presence, with each descent through another plane of consciousness, you have built up another vehicle of expression and entered further into the more dense dimensions of the physical realm. And the likelihood of forgetting your origin has become greater. However, greater mastery is earned by learning to manifest creation within all of these material planes of consciousness. This is why you came into embodiment. This is why you elected to master the physical planes of Earth — so that you might wear a more glorious Crown of Glory befitting your own Individualized I AM Presence, return back to the Allness of God wearing that Crown, there to receive the blessing of Beloved Alpha and Omega, the Father and the Mother.

# The Masters Stand Beside You

You already receive my blessing as I, the Mother of the Sons and Daughters of God, hold the Immaculate Concept for you daily. You are not absent from my Heart. And when you return home in the Ascension, I shall stand beside you, as I do at each Ascension. Beloved Jesus stands to applaud your efforts as the Christed One. Lord Maitreya, the Great Initiator stands to give you his blessing for your accomplishments. Serapis Bey stands beside you as well, knowing the Purity you have accomplished in your Heart. And, proudest of all, Archangel Michael stands, for He has been with you at every step of the way. He has known the times you have fallen and have gotten up because of your Courage and Determination to keep on, desiring to take advantage of every opportunity to continue striving on your Path

The Mother's hand is always there to steady you, even when the Father may put you through your paces of initiation. But the Heart is the center where it all occurs — initiation, the balancing of your karma, the understanding of God Wisdom, the precipitation of all that you need to fulfill your Divine Plan, the emanation of Service to Life and acquiring all the God Qualities required to bring about that Service to Life — but the most important is Love. For Love is the foundation of all attainment and is the great reward.

The pure essence of God Love radiating from your Heart will magnetize the fullness of your Divine Plan and allow for the healing currents of Light from your own Causal Body to be released. Where there is difficulty at any turn, there you will find the Ascended Masters who have mastered the particular God Quality you need and who serve on each of the Rays of God Consciousness. You may call to these Masters for assistance and reassurance, or to simply stand in your aura while you forge through your initiation in Courage.

The Love of God is key to your healing. The Karmic Board dispenses this Love and will bring forth the adjudication of all of your petitions, for They too desire your wholeness. They desire to see your karma set aside by the petition of your Heart to right a situation in your life, to turn your gaze to the Light of your own God Presence, and to reaffirm your true identity. Wherever possible, They set aside all that would keep you from gaining wholeness and the Abundant Life — seeing that your family is cared for but, more importantly, that your Heart is healed.

#### My Covenant with You

I received your petitions in my Heart even as you were writing them. I know every line, and my attention is fully fixed on the Perfection of all that is out of alignment. As I send my report with the Love of my Heart for you to the Karmic Board, know that *I will stand with you* when your Heart is aligned with my Heart and where there is the opportunity for wholeness to come into your life in response to your petitions. This is my vow to you. This is my Covenant with you.

As you receive Holy Communion, my Flame goes forth to charge that substance and make it Holy, that it may be the Elixir of Life, that it may spark the awareness of your God identity and ignite the Wisdom Flames within your Heart and within the Hearts of everyone near and far who celebrates Holy Mass this day.

> I send the Ray of my Heart for wholeness to all. Won't you come and receive a Mother's Love? Mary

5

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