

Beloved Ones,

If the sun has set and evening Vespers are upon us, I invite you to join Me in my meditation within the Great Great Silence. All things come to those that wait upon the Lord. Waiting upon the Lord is one of the most difficult things to accomplish amidst the modern world's chaos and confusion. It requires mastering the art of Patience. To sit in The Silence...to harness the steed of the mind that wants to race ahead...to harness the intellect that wants to revolve everything that has come and gone before as well as the plans for the morrow...all of this is difficult indeed, for to enter into a state of Listening Grace marked by quiet, calm and true Peace requires much self discipline as well as tolerance for your own existing world of circumstance.

Remember, you are seeking an opportunity to commune with the God of Very Gods. If you become impatient before even reaching the first door, how do you expect to ascend the stairs beyond the door? There are many levels of consciousness to pass through. You must have Patience and tolerance with yourself before, during, and after your meditation in order to experience the Fullness of the Light of God. The reward for your exercise in Patience is the ultimate happiness that Life offers anyone. It is the Joy to be found in the full expression of God's Love.

Patience is an attribute of Wisdom garnered through much experience on the path toward Godhood over many embodiments. Those who are tolerant and able to hold their tongue in poised restraint while others expose their ignorance and irritation are always one step ahead of the forces that would rob them of the Light of their own inner being. Those who speak impetuously usually have very little to say and display a rather shallow consciousness.

Truly, the contrasts of your own life experiences are able to yield to you insights which will build greater Patience and tolerance if you will attend to the promptings of your Christ Self rather than the constant rumblings of discontent which only impede your progress. When you are "out of patience," there follows irritation, jagged rhythms, and the deterioration of the precious Life Forces of your being.

Patience is part of the natural flow of the rhythm of Life through your Crystal Cord. It should manifest as that state of poised Christ attunement which El Morya has termed the "*Tension of Light*." This is an action of the Light of God standing on alert within your immediate forcefield, ready to leap into action on the instant when directed. If you do not hold to that *Tension of Light*, if you release the intense buildup of Sacred Fire prematurely through discord, you will find yourself wanting and unprepared to meet the demands of the hour. This divinely ordained release is best likened unto an arrow drawn back from the bow to full extension, the arrow poised and ready for a precise and perfectly timed release.

Harmony leads to Patience. Wisdom leads to Patience. True tolerance and respect for those who do not have the understandings of the law, even the youngest, will help you to acquire greater Patience. How can you be a teacher of the Laws of God without Patience? Will you become irritated with the student who does not immediately grasp the thought, the concept, or the tension of the arrow you have released? Perhaps that student will become discouraged and turn away believing that they have failed. Whereas, if you had exhibited greater Patience, the next striving on their part might have been the one to be victorious when they might have fully grasped the aspect of the law being presented. The teacher who becomes impatient, who prematurely accepts the appearance of failure on the part of his charges, or who gives up just at the moment of victory, that one too has lost out for the moment.

One must learn the difference between human dallying and Divine Patience. Patience operates in accord with Wisdom, understanding, and the tangible flow of the Light of God as its foundation. Why release the energy of God before the perfect moment? The one who abides within their own fortress of Peace and Harmony awaiting the correct moment to address a human condition is using the conservation of the Light necessary to garner the greatest capacity within their own being. Why be irrational and try to confront a dilemma before you can be effective? How do you know the perfect time?You must listen. How do you discover how to listen? Enter the Great Silence. Practice the art of stilling the mind and the emotions so that you can hear the messages as they are released from on high, and allow for that perfect attunement with your Holy Christ Self which will enable you to respond at the most propitious moment. Anything outside the intent of your Holy Christ Self and the intuition of that Christ Self to act will be simply a guess on your part. You may get lucky. You may win a few rounds on the strength of your own intellect and many people hobble thought life that way. But wouldn't you rather win and be victorious each and every time?

I would like to touch upon the correct understanding of Patience in your Path of striving toward the Light. Each of you is at different levels of attainment and vibration. Every lifestream is totally and completely unique. No two are at the same place at the same time. Nor do We expect our devotees to have the same experiences and revelations. Therefore, there are always going to be new levels of attainment that each one is striving to reach. I might add that this process is ongoing even for the Ascended Masters .

As you work to purify the body, purify the mind, the heart, the soul, there are steps on the ladder followed by what might be termed a spiritual plateau. Reaching such a plateau, you will rightly feel a great sense of accomplishment and a feeling that you have arrived. What a glorious day that is! Naturally you become comfortable for a while. May I give you a word of advice? Do not tarry in that state or permit yourself a moment's complacency. Do not consider you have arrived at the maximum you can achieve in this embodiment. By arriving, it is your signal to go higher and farther and to keep striving. This too requires Patience beloved ones. For many times the student becomes weary of continually trying and continually moving. Nevertheless, in your octave Life moves either up or down, it cannot possibly remain static. Neither can you remain, coasting along on the same vibration. Therefore I charge you with the Ascended Master Patience to *"keep on keeping on"* so long as you draw breath.

Oh try to realize that in this spirit of Patience whichI AM advocating, you *can* reach the ultimate goal afforded you as Opportunity! Set your sights on the Ascension and you will not countenance impatience. Nor will you fly to the opposite extreme and become complacent about your plateau of vibration and attainment. You *will* keep on keeping on. You *will* move with the Light. There is movement and rhythm in Patience, Beloved Hearts. Do not feel that Patience means standing still but rather standing poised in the *Tension of Light*. The arrow of Spirit quivers with anticipation of the next release. To reach its target, you must decide for yourself the goal and decide for yourself the mission that you will follow to achieve that goal. Above all, remember that Patience and Harmony work hand in hand with the all-powerful Love of God.

May the Comfort Flame of my Heart surround your Heart and bring you Peace this night in the stillness of the Great Silence of our meditation on God Patience.

I send to you my Love. I AM and I remain,

The Maha Phohan

You are in a position of leading men and women from darkness and bondage into a Promised Land of Freedom and Light! I know that position well! I have gone through those same experiences. They are written into My Heart. I have asked that I might bring the remembrance of My own experience to you to help you avoid postponing your eternal Freedom by completing in Happiness and Patience that which you may be tempted to do solely out of obligation and duty. By reason of those experiences during My incarnation as Moses, I forfeited My Own Ascension at that time. I let a sense of human over-responsibility to My charges through those forty long years as we journeyed in the wilderness overcome the natural buoyancy of Happiness in My association with God and the Angelic Messengers who walked before us as a Pillar of Fire by night and a Pillar of White Mist by day.

Again, again, and again miracles and marvels were performed to bolster the faith of my countrymen. Yet no sooner was My consciousness directed Upward for that contact with the Godhead which was so essential to prepare those who would remain after Me, no sooner had I entered into communion with the Lord then BACK they went into those practices and vibratory actions which they had accumulated through the centuries.

As the years passed and I endeavored to keep that contact with the Lord of Hosts and endeavored to write upon the records of the day those Commandments and fiats which were to be the foundation for the Jewish Dispensation, as I endeavored to do that and keep those undisciplined people from returning again only to be "swallowed up" into the imperfections of the past, I lost My sense of Patience, My sense of buoyancy and Happiness and I became as an individual who had lost his way! I was told later by our Angelic Guardians that the fourty years of wandering could have been completed in seven years or less if we had not had the doubts, fears, grumblings and resentments over the rugged conditions of the Exodus.

So, Beloved Ones, after the close of My embodiment, it was Joshua who walked before the next generation of Israelites and accomplished the return to the Promised Land, while I had to re-embody and learn to live in greater Grace and Harmony in order to perfect My mastery. Many of you know that I was privileged to enjoy the Radiation of Beloved Gautama Buddha as His friend and disciple Ananda. His great power of magnetizing Grace raised all around Him into a state of bliss. In that close association with the Heart and soul of the Buddha I was able to express that equanimity of spirit and divine Happiness which enabled Me to finish the course of My life upon this earth plane and take the Ascension which I had otherwise merited as Moses.*

Rord Ring