

The Crystal Chalice of Golden Liquid Light

My Dear Ones,

You have traversed your path to my doorstep in search of the Light of Shamballa. For many it has been a difficult and arduous trip. Some arrived fleet-footed as upon the wings of a dove, effortless and swift. For all who have come, either physically or in their finer bodies, I meet you at the door, to guide you in, so that you might sit for a time and drink from the golden cup of Light which I offer you for your renewed Strength and Courage.

As you enter my chamber, you will find the attending Angels waiting to bring you comfort, to rub your feet that are sore, to wash your hands that are soiled, and to bring Joy and laughter to the Heart of those in despair. Comfort, Beloved Ones, is my motto for bringing the ultimate Peace to your life. I do not speak of the comforts of the world. Nay, I speak of the comforts of the Spirit. For when the Light of your entire being is glowing ever so brightly, shinning forth with crystal clarity, there is Peace, contentment and Harmony in your world. It is not difficult to accomplish this. You may think it so — but it is not.

Maintaining Harmony

There are many practical ways that you may start this process. We, the Ascended Masters have discussed with you many such keys to assist you in gaining mastery in this area during the preceding days of this Conference. First and foremost, you must maintain your Harmony. You must learn the subtleties and the innuendoes that create inharmony in your world. They cannot be glossed over. The points of which I am speaking now are not the glaring and grave errors in your day. They are the small seemingly insignificant occurrences that catch you in an off-guarded moment. They are those comments, thoughts, and feelings that go unbridled and slip so easily from the

lip, creating negative spirals of criticisms, anger, torment, disrespect, dislike and inharmony in, oh, so many forms. When accompanied by deception or seemingly masked with a smile the karmic recompense is even greater.

You would think, since I AM the Buddha, sitting in contemplation and adoration upon the Heart of God, I would not notice those infractions against the Light. However, you forget how my Heart is connected by the flow of God's Light to the Threefold Flame of your Heart and resonates so closely to those who are consciously expanding that Light. I AM aware of every ripple of inharmony in your life that reverberates those pangs and discontentments as little pinpricks and daggers that are telegraphed to my awareness. *The Breath of my Heart is closer to you than you realize*.

If you are to attain to the level of your Christhood, the Harmony in your world is a prerequisite, an absolute must. For there is no way you may wear the mantel of the Christ when there is inharmony. This is not a garment you can wear as an outer shell. You may not project a facade or an illusion for others to perceive. The vibration must come from the very depths of your being. It is foolish to attempt to deceive me, the Buddha, for my Heart knows. Most assuredly, it is only a fool who tries to deceive his or her own Holy Christ Self.

I have stretched forth my hand to light a taper of Light for each one who has come to my Home in Shamballa. If you will tend to this Fire, you can be nourished by its Light with the Peace of my Heart throughout this coming year.

Thoughtform of the Year for 1997

As I received this night the Thoughtform of the Year from the Silent Watcher, I was filled with a glorious Light beyond compare. Many of you have anticipated the lowering of this Thoughtform and already perceived into your consciousness its effulgent splendor. For at the very moment I received this wonderful gift, there were Holy Angels who sped off as quickly as they could to carry the message and image far and wide. Your lifestreams will benefit greatly and are dependent on you carrying this Thoughtform for the ensuing year and all years to come within your consciousness. It is a matrix that you must hold fast within your third eye, lest you lose your way — keeping it as a beacon to Light your pathway as you discover the fullness of Life as it is to be lived in accordance with the Will of your own God Presence.

I ask you to focus your attention upon your third eye. Close your eyes and picture, if you will, the Thoughtform as it is revealed to you. See your very own upraised hands holding a Crystal Chalice, rimmed in the Golden Light of the Great Central Sun and being filled with an outpouring of Light — Cosmic Light — from your own Mighty I AM Presence. Your Crystal Chalice is the matrix for holding the Christ Consciousness and receiving that Christ Consciousness replenished and renewed daily.

As you traverse the highways and byways of Life, you will be called upon to share a portion of the Golden Elixir. Every erg of Light must be monitored through your Heart and, by exercising Christ Discrimination, your Chalice will always be filled. You will find that, as quickly as the level of the Liquid Light goes down, it is filled again, for you have not allowed even one drop to be wasted on inharmony.

The wealth of the Light available to you surpasses what your consciousness is even able to perceive and is only subject to the level of Harmony you are able to maintain. For you see, Beloved Ones, if there is Harmony resonating in your being, there can only be God Love. Where there is God Love, there is God Illumination, and with God Illumination you have present the Will of God — hence, the Threefold Flame as this Crystal Chalice of the Christ Consciousness! With your Christhood engaged in the teeth of your life, everything in your world will be on an upward spiral toward your Ascension — including the raising of a planet, and the building of the many physical representations of Shamballa across the world, one after another, where those Communities of Light will be filled with cherished Christed lifestreams.

Your True Identity

We, the Ascended Masters, give you this Vision with great desire that you receive its full potential for yourself, for we know that this Light will allow you to be Victorious. Every Son and Daughter of God can win this same Victory; it is only a matter of how long it will take for them to realize who they truly are. I know who you are — you are your own I AM Presence within your Heart Flame. Will you not wear the mantel of the Christ identity, forsake your lesser self, raise your Chalice high and be God Victorious?

I pray you will come to my Heart in your meditations for renewed Strength and Courage in maintaining your Peace and Harmony. You did not know it took Strength and Courage, did you? Oh yes, for the outer world of chaos does not know the inner Strength required to be strong in the Light, and to hold fast to keep out all lesser vibrations. This is why your Harmony is the key.

My Beloved Ones,

I wish you a most Joyous,

Victorious and

Harmonious New Year!

Gautama